SESSION 1 >>> THE FEMININE FOUNDATION
- Welcome Ceremony + Intention setting // Your Why
- The Nature of Feminine Leadership // Cycles, Process and Passion

SESSION 2 >>> THE IDEA HOUSE
- Build from the ground up; set the foundation (values) and direction (vision) of our Idea House
- Plant our seeds, branch out, and grow our vision

SESSION 3 >>> POWER OF THE PEOPLE
- Who do we serve and how? // Define goals, find clarity in our contribution, learn our ideal audience + organic community building practices

SESSION 4 >>> AWESOME ACTION PLAN
- Focus on the next steps, creating a strategy and tangible task list, and learning tools on how to make your schedule work for you
- Use Refocus Rituals to stay on track, motivated, and accountable

SESSION 5 >>> EMBODYING LEADERSHIP
- Examine our leadership identity, play between masculine and feminine, and step bravely out of our comfort zone.
- Learn how to map our energy, find mental clarity, and turn on our natural leadership powers

SESSION 6 >>> VOICE AS A SUPERPOWER
- Explore what is still holding us back - and embrace fear as a tool.
- Learn the 5 levels of voice and self-limiting language, using re-storytelling technique to shift inner dialogue

SESSION 7 >>> EMPOWERED EXPRESSION
- Liberate your authentic self, embody your inner leader, and bring all principles together for a collective celebration of life

***May 24 is a bonus session! Expect open conversation + processing