

[the shine collective curriculum]

spring circle 3 >>> april 5 - may 24

- **SESSION 1 >>> THE FEMININE FOUNDATION**
april 5
 - Welcome Ceremony + Intention setting // Your Why
 - The Nature of Feminine Leadership // Cycles, Process and Passion
- **SESSION 2 >>> THE IDEA HOUSE**
april 12
 - Build from the ground up; set the foundation (values) and direction (vision) of our Idea House
 - Plant our seeds, branch out, and grow our vision
- **SESSION 3 >>> POWER OF THE PEOPLE**
april 19
 - Who do we serve and how? // Define goals, find clarity in our contribution, learn our ideal audience + organic community building practices
- **SESSION 4 >>> AWESOME ACTION PLAN**
april 26
 - Focus on the next steps, creating a strategy and tangible task list, and learning tools on how to make your schedule work for you
 - Use Refocus Rituals to stay on track, motivated, and accountable
- **SESSION 5 >>> EMBODYING LEADERSHIP**
may 3
 - Examine our leadership identity, play between masculine and feminine, and step bravely out of our comfort zone.
 - Learn how to map our energy, find mental clarity, and turn on our natural leadership powers
- **SESSION 6 >>> VOICE AS A SUPERPOWER**
may 10
 - Explore what is still holding us back - and embrace fear as a tool.
 - Learn the 5 levels of voice and self-limiting language, using re-storytelling technique to shift inner dialogue
- **SESSION 7 >>> EMPOWERED EXPRESSION**
may 17
 - Liberate your authentic self, embody your inner leader, and bring all principles together for a collective celebration of life

****May 24 is a bonus session! Expect open conversation + processing*